



Suicide Prevention Training: Ask a Question-Save a Life

Suicide can be a preventable cause of death. In just 2 hours, we will teach you how to save a life using the Evidence-Based QPR Method:

Question-Persuade-Refer

3 simple steps that anyone can learn to help save a life from suicide. You will learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Each year thousands of people, just like you, are saying "Yes" to saving the life of a family member, friend, colleague, or neighbor.

Trainer: Renee C. Cunningham, MSS, is a certified QPR Instructor, Social Worker, and is currently the Associate Director at Center in the Park, a senior community center in Philadelphia

Please join us for one of these programs:

Dates:

February 28, 2018
(snow date: March 7, 2018)

June 6, 2018

October 3, 2018

Time: 5-7pm or 7-9pm
Location: Penn State Abington
Lares Building

Cost: No Charge with code
"Public Service"

Information/Registration:
Theresa Bloom
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