

RUFFRIDE

24 Hour Spin Relay



**Join the FOP Lodge #5 Team in this worthy event
Friday May 31st - at 11am to Saturday June 1st - 11am
At Commerce Square 2001/2005 Market St.**

Team Fosters Mission - Team Foster raises money to provide trained service dogs at no cost to local veterans, including those suffering from post-traumatic stress disorder (PTSD) and traumatic brain injuries (TBI). Service dogs save veterans' lives by providing physical support and performing complex tasks enabling the veteran to heal.

HOW DOES IT WORK?

Since the FOP Lodge #5 has sponsored the event the only thing each rider must do it to register in advance at <https://www.classy.org/event/ruff-ride-2019/e215792>

Teams are responsible for two things:

1. Take turns to keep your bike spinning for 24 consecutive hours
2. Registration is \$35.00 & if possible raise donations. Must sign a waiver, get the spin shoes, etc.

Prizes will be awarded – Food & Refreshments all day & night

Want to volunteer? Register and select "Join a Team" then select Volunteer Army. There is no cost to volunteer, but fundraising is encouraged. Served or Serving in the military? Use Promo Code "VET" for discounted registration.

If you're going to ride for Team FOP Lodge #5 contact Gerry McShea 215-380-9134 or email at ltgerrymc@comcast.net to get an assigned riding time(s) and we are looking for bike patrol officers working 4pm to 12am & 6pm to 2am are needed to fill the overnight hours.

There will be parking to team members at no cost & shower facilities available

